



Harpers Health & Fitness at Wyboston

**harpers**  
health & fitness

# Pool programme



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SAVE PAPER**

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# Main pool timetable

	6 am	7 am	8 am	9 am	10 am	11 am	12 noon	1 pm	2 pm	3 pm	4 pm	5 pm	6 pm	7 pm	8 pm	9 pm	10 pm
	6.30	7.30	8.30	9.30	10.30	11.30	12.30	1.30	2.30	3.30	4.30	5.30	6.30	7.30	8.30	9.30	10.30
MON		Adult Swim	Family Swim			Adult Swim	Family Swim					Adult Swim					
TUES		Adult Swim	Family Swim		Aquafit	Adult Swim	Family Swim					Adult Only Swim					
WED		Adult Swim	Family Swim			Adult Swim	Family Swim					Adult Swim	Aquafit	Adult Swim			
THURS		Adult Swim	Family Swim			Aquafit	Adult Swim	Family Swim					Adult Swim				
FRI		Adult Swim	Family Swim			Adult Swim	Family Swim					Aquafit	Adult Swim				
SAT	Closed		Adult Swim	Family Swim			Adult Swim					Closed					
SUN	Closed		Adult Swim					Family Swim			Adult Swim		Closed				

Closed
  Adult & Family Swim
  Bookable Sessions



## Poolside Junior Member Restrictions

**0-8 Years** – This age group can use the Pool only when accompanied by an adult or parent within the stated times. This age group cannot use the Sauna, Steam Room or Spa or attend Aquafit Classes.

**8-15 Years** – This age group can use the Pool, Sauna, Steam Room and Spa only when accompanied by an adult or parent within the stated times. This age group cannot attend Aquafit Classes.

**Under 15's Policy** – Persons aged 18+ or a parent must directly supervise children under the age of 15 in the swimming pool. This person must not directly supervise no more than two under 15 year olds.



## Session Descriptions and Information

**Family swim** – A session for members and guests to bring children under 16 to enjoy our swimming facilities. These sessions may also include swimming lessons.

**Adults only swim** – 16+ years only.

**Admissions Policy** – In the interest of safety one adult (person over the age of 18 years) may accompany a maximum of two children under the age of 15 years old in and around the pool at all times.

**Lifeguards** – A qualified lifeguard is present within the building at all times but will not specifically supervise pool sessions unless advertised. However, should a lifeguard offer advice or instructions this must be adhered to at all times, otherwise expulsion from the pool will be implemented for the safety of yourself and other pool users.

**Lifeguard Training** – Our pool is closed once a month for 1 hour for essential Lifeguard training. A notice will be displayed in reception the week before and up to the date this training is taking place.

**Poolside** – The use of cameras are permitted only with the prior consent of the Duty Manager. Photographic equipment including mobile phones must not be used on the poolside, or in a spectator area. Outdoor shoes and pushchairs are not permitted on poolside at any time.

**Programme** – Leisure Connection reserves the right to change the programme without prior notice, this will be in exceptional circumstances only. This programme was correct at the time of going to print.

**Health Suite** – Why not relax in our fantastic Health Suite with a Sauna, Steam Room and Spa.

Leisure Connection reserve the right to alter fees and services described within this leaflet. Photographs and images are for illustration purposes only.

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