

Booking Conditions

- 1 Confirmation of your booking will follow after receipt of your booking form. Payment of the fee is regarded as evidence of your acceptance of the booking conditions.
- 2 Bookings are not transferable.
- 3 The organisers reserve the right to amend the programme where this is found to be necessary.
- 4 Leisure Connection Ltd, its servants, agents and employees are not under any liability whatsoever in respect of personal injury, sickness, loss or damage caused to members.
- 5 Regulations made for the safety and comfort of members must be observed at all times.
- 6 The organisers reserve the right to amend the prices where this is found to be necessary.
- 7 No refunds will be given unless a doctor's certificate can be produced as proof of illness.
- 8 If it is considered that any child's behaviour is incompatible with the safe enjoyment of an activity, the organisers reserve the right to exclude any child from taking part in that activity. Under these conditions no refund will be given.
- 9 VAT at the rate of 20% is included in all prices in this brochure. If this VAT rate changes prices are subject to change.
- 10 The organisers cannot accept any responsibility for unaccompanied children before or after the advertised times. All parents must sign their children in and out on each day that they attend in the activity area. The parents of any child not signed in will be phoned to return to the centre to sign their child in before they can take part in any activity.
- 11 I give permission for emergency medical treatment to be administered to my child in the event of an emergency.

All prices on applications and ALL courses must be pre-paid prior to start date. We reserve the right to cancel any class or course where insufficient numbers are booked.

For further details or to book please call reception on 020 8908 6545.

How to find us...

Bus routes: 18, 92, 182, 245

Cycle route: Area 45, 86

Nearest Tube: Sudbury Town, North Wembley

Nearest British Rail: Sudbury & Harrow Road

RNID 'type talk'

Please call the facility dialling 18001 plus the full telephone number (including area code) to operate a telephone relay service for people with impaired hearing or speech.

Visit: www.type-talk.org

The information in this leaflet can be made available in large print, audio tape, Braille and in a variety of languages on request. Please contact the site for further details.

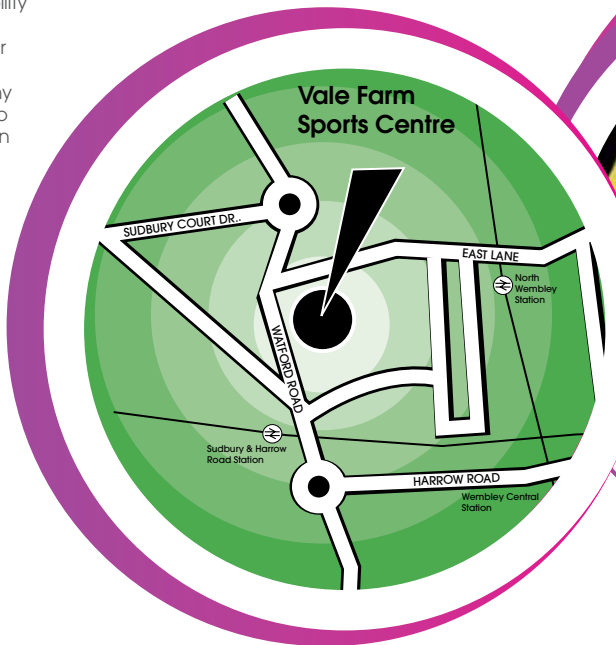
Vale Farm Sports Centre
 Watford Road, North Wembley,
 Middlesex HA0 3HG

020 8908 6545

vale.farm@harpersfitness.co.uk

Leisure Connection reserve the right to alter fees and services described within this leaflet. Photographs and images are for illustration purposes only.

www.harpersfitness.co.uk



Managed by Leisure Connection Ltd and Leisure in the Community Ltd on behalf of the London Borough of Brent.



Children's Holiday Activities Programme

Our fun and exciting holiday activities are a good way to keep children active and amused during their time off from school.



**DO YOUR BIT
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View this leaflet online
www.harpersfitness.co.uk
then click on our centre's home page

Activities will be run during the following school holiday dates:

February half term:

13th February – 17th February 2012

Easter holidays:

2nd April – 13th April 2012

Summer half term:

4th June – 8th June 2012

Summer holidays:

23rd July 2012 – 3rd September 2012

October half term:

29th October – 2nd November 2012

Christmas holidays:

24th December 2012 – 4th January 2013

Please contact Reception for more information about dates, times and available sessions.

Kids swim free!

Bored, stuck indoors and too hot? Then why not jump in the pool! Children 16yrs and under, are able to swim for free from Monday to Friday during the school holidays between the hours of 11am – 4pm (this excludes bank holidays). All children under the age of 8yrs must be accompanied in the pool by an adult. At busy times sessions may need to be run (this will be decided at the managers discretion).

Swimming Crash Courses

Intensive courses for children aged 5yrs+ ranging in ability from beginners to the more advanced levels. Lessons take place over 5 continuous days to help improve swimming technique and learn more water skills.

Courses run between 9am – 11am Monday to Friday and the cost is £23.75 for one week. Places are very limited so book early to avoid disappointment!

Gymnastics

Drop in gymnastics classes for children aged 5 yrs+. Learn to tumble, vault and bounce in a fun and friendly environment, with our highly qualified coaches.

Payable as a drop in session - £3.30 per lesson

Friday

Session 1: 4pm – 5pm 5yrs+

Basketball

Our sessions provide you with the knowledge of the game and an opportunity to be involved in a sport that keeps you fit. With great coaches, learn some new skills such as, how to dribble, shoot and pass.

Basketball is a non-contact team game and great fun to play with friends.

Payable as a drop in session - £3.30 per lesson

Monday

Session 1: 2pm – 3pm 6-10yrs

Session 2: 3pm – 4pm 11yrs+

Trampolineing

Drop in trampolining classes for children 6 yrs+. Learn to bounce, twist and pike in a fun and friendly environment!

Payable as a drop in session - £3.30 per lesson

Wednesday

Course 1: 4.30pm – 5.30pm 6yrs+

Course 2: 5.30pm – 6.30pm 6yrs +

Thursday

Course 1: 4.30pm – 5.30pm 6yrs+

Course 2: 5.30pm – 6.30pm 6yrs +



Tennis and Multi Sports

Ideal for young children to give them an opportunity to be involved in sports that are fun and energetic, whilst encouraging them to develop team building skills.

Payable as a drop in session - £3.30 per lesson

Tuesday

Session 1: 10am – 11am 2-4yrs

Session 2: 11am – 12pm 4-8yrs

Badminton

Badminton coaching for children aged 8yrs+ of all abilities, supervised by a fully qualified coach.

Payable as a drop in session - £3.30 per lesson

Monday

Session 1: 5pm – 6pm 8yrs+

Session 2: 6pm – 7pm 8yrs+

Netball

Our sessions provide you with the knowledge of the sport and an opportunity to be involved in a game that can be learnt from a very young age.

Payable as a drop in session - £3.30 per lesson

Wednesday

Session 1: 10am – 11am 6-10yrs

Session 2: 11am – 12pm 11-16yrs

Cricket (available Easter and summer holidays only)

With great coaches, learn some new skills such as, how to bowl, bat and field! Cricket is a non-contact team game and great fun to play with friends.

Payable as a drop in session - £3.30 per lesson

Wednesday

Session 1: 1pm – 2pm 6-10yrs

Session 2: 2pm – 3pm 11-16yrs

Junior Harpers

A fun way to help keep children fit and healthy!

Children will have full use of all cardio-vascular machines such as the treadmills and bikes. This is great way to try something different and keep active in a programmed fitness environment. An induction must be completed first for health and safety reasons.

Available everyday as a drop in session - £3.65 per session for children aged 12-16yrs (after 6.30pm all children must be accompanied by an adult)

Junior Harpers Fitness Sessions

Instructor led fun activities for children aged 12-16yrs to help them keep fit and healthy. Be put through your paces and led through a continuous circuit of fitness activity within the gym, sports hall and on the running track!

Payable as a drop in session - £3.65 per lesson

Monday

Session 1: 12pm – 2pm 12-16yrs

Learning Hub

Stretch your mind in the Learning Hub this holiday.

Contact the Learning Hub directly for more details of their holiday activities on 0208 908 0123.

