

Adult Swimming Programme

It is never too late to learn to swim or improve your swimming technique!

We offer private and group sessions for all abilities at a variety of times to suit your lifestyle.

Our lessons are taught by qualified instructors who are experienced in teaching adults to swim.

We also offer lessons for those who want to improve technique or learn a new stroke.

For more advanced swimmers we can enhance your training for a swimming or triathlon competition.

For more information on lessons please contact your local centre or email swimming@harpersfitness.co.uk

LIMITED
INTRODUCTORY
SPECIAL OFFER
AVAILABLE*
NOW!





Dorking Sports Centre

01306 870180

Reigate Road, Dorking,
Surrey RH4 1SW

dorking@harpersfitness.co.uk

Please complete the form below and
return to the centre.

Image courtesy of Leo Wilkinson

***Terms & Conditions**

Offer only available to new Swim School customers. Only one introductory course per person. Leisure Connection reserves the right to change the offer available at any time.



Managed by Leisure Connection Ltd. on behalf of Mole Valley District Council

www.harpersfitness.co.uk

Adult Swimming Booking Form

Name: _____

Address: _____

Postcode: _____

Telephone: _____ E-mail: _____